



# DAILY SPECIALS

AVAILABLE EVERY DAY FROM MONDAY TO FRIDAY

## POWER BREAKFAST

available 7 - 11 am

*includes cup of coffee + small juice*

### BREAKFAST QUESADILLA

eggs, sausage, peppers, onions & cheddar jack, chipotle tortilla, served with homefries / 16.95

### MONTE CRISTO

grilled french toast, with ham, turkey & swiss cheese / 14.75

### SLIM "GYM" OMELETTE

egg whites, tomato, zucchini & scallions / 16.95

## LUNCH TIME

available 11 am - 4 pm

*includes soda or coffee / tea + a cup of soup + pudding*

### COBB SALAD

chopped turkey, swiss cheese, bacon, tomato & sliced hard boiled egg over lettuce / 18.95

### HAVANA PANINI

turkey, ham, swiss, pickles & cuban moho sauce on a panini, served with french fries / 18.95

### TURKEY BLT WRAP

roast turkey, bacon, lettuce, tomato & mayo, served with french fries / 19.95

### LOUISIANA PANINI

grilled chicken, hot cherry peppers, arugula, & pepperjack cheese on a garlic panini, served with french fries / 18.95

### CHICKEN SICILIANO SANDWICH

grilled chicken, mozzarella, roasted peppers on a hoagie, served with french fries / 18.95

### GREEK-A-DILLA

greek style quesadilla with spinach, sundried tomatoes, mozzarella, feta, kalamata olives & tzatziki on a wheat wrap, served with french fries / 17.95

## APPETIZER SPECIAL

### CHORIZO NACHOS

topped with homemade chorizo, pico de gallo, beans, cilantro, avocado cream, queso fresco & sour cream / 11.95



TAX NOT INCLUDED

NO SUBSTITUTIONS. AVAILABLE IN HOUSE ONLY EVERY MONDAY TO FRIDAY



# DINNER SPECIALS

AVAILABLE EVERY DAY FROM MONDAY TO FRIDAY

## APPETIZER SPECIAL

### CHORIZO NACHOS

topped with homemade chorizo, pico de gallo, beans, cilantro, avocado cream, queso fresco & sour cream / 11.95

## SOMETHING LITE

available 4 - 9 pm

*includes soda or coffee / tea, cup of soup & pudding*

### TERIYAKI CHICKEN SANDWICH

grilled peppers & onions, teriyaki sauce on a hard roll, with french fries / 18.95

### CALIFORNIA CHEESESTEAK

mozzarella, cheesesteak sandwich with shredded lettuce tomato, onion & mayo on a toasted hero roll, served with french fries / 18.95

### SOUTHWEST CHICKEN WRAP

grilled chicken, black bean corn salsa, rice, monterrey jack cheese, salsa verde on the side, served with french fries / 19.95

### CHEESEBURGER PANINI

with lettuce, tomato, american cheese and russian dressing, served with french fries / 17.25

## DINNER SPECIALS

available 4 - 9 pm

*includes soda or coffee / tea, cup of soup, salad & dessert of the day*

### YANKEE POT ROAST

slow roasted topped with gravy, served with choice of vegetable and potato pancake / 24.95

### CHICKEN ROMA

sautéed chicken breast, hot italian sausage, peppers & onions in a plum tomato sauce, served with penne / 28.95

### SALMON SESAME

sautéed salmon in honey, with broccoli & carrots, topped with sesame seeds, served over rice / 32.95

### CHICKEN PICCATA

sautéed chicken with capers in our lemon butter sauce, served over rice / 30.95

### PASTA PRIMAVERA

sautéed cauliflower, broccoli, carrots, zucchini, onions, in a primavera cream sauce with your choice of pasta / 22.95

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